

Aquinas Youth Football Camp 2009



**Monday
July 20 Thru
Thursday July 23 2009
2:00-4:00pm
Grades 1-8
Aquinas Institute
Varsity Game Field
web.mac.com/xdawg**



Aquinas Youth Football Camp will be held at Aquinas Institute, which is located at
1127 Dewey Ave, Rochester NY
14613

Parent Waiver:
I, the parent/guardian of

_____ accept full responsibility for injuries that may occur as a result of participating in the Aquinas Youth Football Camp.

I agree and endorse participation with the understanding that the camp directors, coaches and the sponsoring agency are not liable for injuries or medical expenses. My child is in good health and has no physical condition that would prevent him/her from participating in the Aquinas Youth Football Camp. Accident and health insurance is not provided by this camp. Campers are required to provide their own personal coverage. I authorize the trainer to administer needed first aid and seek medical attention in case of emergency.

Signed:

Print:

Name of Medical Insurance:

Policy

Camp Staff

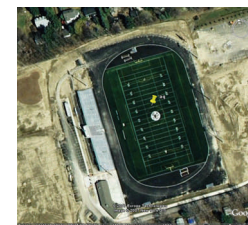
Chris Battaglia

Head football coach at Aquinas Institute. Chris has coached at the High School and college level for the past 25years. Under his leadership the Little Irish won Sectional titles in 2006, 2007 and 2008. The Irish also won the 2007 New York State Championship. Coach Battaglia teaches Social Studies at Bay Trail Middle School.

George Giordano

Former Head football coach at Olympia High School. Director of football camps, coaches clinics, and college football recruitment. Coach Giordano teaches Physical Education in the Greece Central School District.

We believe a low staff to player ratio assists in achieving best results. To help us attain this goal Aquinas Institute Varsity Players and Coaches will be on hand to ensure total participation.



Areas of Instruction

Quarterbacks: proper throwing technique, stance, dropping back, play action, sprint out passing, ball handling, and reading defenses.

Receivers: ball handling, stance, receiving techniques, route running, and reading coverage.

Running Backs: ball handling, stance, run and pass blocking, pass receiving, and reading blocks

Offensive Lineman: stance, starts, run and pass blocking, pulling, and trapping.

Defensive Line: stance, alignment, key reads, pass rush, run and pass defense, pursuit and tackling.

Linebackers and Secondary: alignment, stance, proper position, pass coverage, pursuit and tackling



Participants should wear shorts, t-shirt, sneakers, and bring a “labeled” water bottle. No additional equipment is needed. Drills will be “passive” contact. Mouth guards and cleats are strongly recommended, but are not required.

Registration Form:

Players Name: _____

Address: _____

City/Town: _____

Zip: _____ Phone: _____

Parents Name: _____

Cell/Emergency Phone: _____

Email Address: _____@_____

Age: (as of 1/1/09) _____

Grade: (Sept., '09) _____

Years at this Camp _____

Organization/Level _____

Offensive Position _____

Defensive Position _____

Medical information coaches should be aware of:

Registration fee for Camp is \$50.00

Please send completed form and check payable to
Aquinas Touchdown Club to:
Aquinas Touchdown Club
565 Raspberry Patch Dr
Rochester, NY 14612

Camp Objective

The objective of the camp is to provide an opportunity for youth football players to experience the offensive and defensive aspects of football. Emphasis will be on providing each participant with football fundamentals as well as specialty skills.



Direct Inquiries to:

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For more information visit:

web.mac.com/xdawg